

September 2026 Learning Opportunities Calendar



This Month's Focus: Adaptability

Lead change through discovering strategies that enhance effectiveness in the evolving workplace.

WEEK 1: September 1 - 4

How Do We Prepare Our Teams to be More Adaptable to Change?
Article - 5 min

Increase Mental Agility and Flexibility to Build Resilience
Video - 3 min

Develop Adaptability
Video - 5 min

WEEK 2: September 7 - 11

5 Steps in the Change Management Process
Video - 4 min

5 Crucial Workplace Adaptability Skills with Examples
Article - 8 min

Coping with Change - Workplace Strategies for Mental Health
Article - 5 min

WEEK 3: September 14 - 18

How Leaders Can Cultivate Resilience at Work
Article - 4 min

Adapting at Any Stage of Your Career
Video - 2 min

How to Adapt to Change (6 Ways to be More Adaptable)
Video - 5 min

WEEK 4: September 21 - 25

Adapting to Change: How to Effectively Guide Employees
Article - 6 min

How to Practice Being More Adaptable
Video - 3 min

Building Resilience in the Workplace: Thrive, Not Just Survive
Video - 3 min

WEEK 5: September 28 - 30

Embracing Unexpected Change
Video - 14 min

Developing Tolerance to Discomfort
Video - 4 min

How to Motivate Yourself to Become More Adaptable
Video - 3 min

Supervising Leaders

All Leaders

Non-Supervising Leaders

Questions? Email talentdevelopment@oa.mo.gov.



Division of
Personnel