

# February Learning Opportunities Calendar

Supervising Leaders

**WEEK 1:**  
February 2 - 6

**How to Show Empathy at Work**

Video - 3 min

**Communicate with Empathy**

Video - 7 min

**How to Be Empathetic in the Workplace**

Article - 7 min

All Leaders

**WEEK 2:**  
February 9 - 13

**How to Lead with Empathy**

Article - 6 min

**4 Things You Can Do to Practice Empathy at Work**

Article - 7 min

**20 Ways to Improve Empathy at Work**

Article - 3 min

Non-Supervising Leaders



**This Month's Focus: Empathy**

Lead others in fostering empathy among team members at all levels of the organization.

**WEEK 3:**  
February 16 - 20

**14 Ways Leaders Can Boost Empathy in the Workplace**

Article - 7 min

**How to Develop Empathy in the Workplace?**

Video - 4 min

**How to Build Empathy**

Video - 6 min

**WEEK 4:**  
February 23 - 27

**Managers: Why Empathy Matters and How to Practice It**

Video - 5 min

**Statewide Speaker Series**  
[Click here to register](#)

(When registering, select Company Single Sign-On to sign in to your MOVERS Learn Account)

Live Event - 1 hour

**How to Develop Empathy at Work**

Video - 7 min

Questions? Email [talentdevelopment@oa.mo.gov](mailto:talentdevelopment@oa.mo.gov).



Division of  
Personnel