

JANUARY

2025



Coaching & Mentoring

Reach your goals and seek professional development opportunities through meaningful relationships and conversations.

LEARNING OPPORTUNITIES CALENDAR

SUPERVISING LEADERS

ALL LEADERS

NON-SUPERVISING LEADERS

WEEK 1: JANUARY 1 - 3



Article - 7 min

20 Tips to Help Leaders Decide Whether to Coach or Mentor Team Members



Article - 4 min

The Crucial Role of Coaching and Mentoring in Building Strong Teams and Fostering Continuous Growth



Article - 3 min

How to Be a Good Coachee

WEEK 2: JANUARY 6 - 10



Article - 5 min

Workplace Coaching Techniques: 11 Ways to Guide Employees



Article - 5 min

6 Coaching Tips to Improve Session Effectiveness and Drive Positive Change



Article - 4 min

How to Get the Most Out of Coaching

WEEK 3: JANUARY 13 - 17



Video - 7 min

How to Coach Your Employees - Employee Development!



Video - 7 min

Building Trust in Mentorship Relationships



Video - 7 min

Mentoring Series: The Role of a Mentee

WEEK 4: JANUARY 20 - 24



Article - 4 min

15 Expert Tips for First-Time Mentors



Article - 5 min

The Best Mentorships Help Both People Grow



Video - 4 min

How to Be a Great Mentee!

WEEK 5: JANUARY 27 - 31



Video - 7 min

How to Coach (By Asking Questions)



Live Event - 1 hour

Statewide Speaker Series
Click here to register
(When registering, click Company Single Sign-On to sign in to your MOVERS Learn account)



Article - 3 min

How to Get the Most Out of Your Next Coaching Session

Any learning done outside of MO Learning needs to be logged in the Team Member Training Portal in [ESS](#). Need help entering training? Watch this [MO Learning video](#) to learn more!

Questions? Email tmhelpdesk@oa.mo.gov

