

FEBRUARY 2024



ACTIVE LISTENING

Enhance communication skills by improving your active listening; explore successful approaches to engage on a deeper level.

LEARNING OPPORTUNITIES CALENDAR

SUPERVISING LEADERS

ALL LEADERS

NON-SUPERVISING LEADERS

WEEK 1: FEBRUARY 5 - 9



Video - 48 min

Effective Listening for Better Leadership Communication



Video - 1 hour

Effective Listening



Video - 7 min

The Art of Active Listening

WEEK 2: FEBRUARY 12 - 16



Article - 15 min

ENGAGE Blog Post - Active Listening



Article - 15 min

Listening to Understand



Article - 15 min

What are Effective Active Listening Skills for Peer Support?

WEEK 3: FEBRUARY 19 - 23



Podcast - 21 min

Want to Listen Better? Turn Down Your Thoughts and Tune into Others



Book - 3 hours

Active Listening: Improve Your Ability to Listen and Lead - Center for Creative Leadership



Article - 15 min

Practicing Active Listening to Help Emotionally Distressed Peers

WEEK 4: FEBRUARY 26 - MARCH 1



Article - 15 min

Use Active Listening Skills to Coach Others



Live Training - 1 hour

Statewide Speaker Series
February 27, 11 am - 12 pm
Power Listening Bootcamp with Suzanne Cruz

[Register Here](#)



Video - 27 min

Active Listening - The Secret to Effective Communication

Any learning done outside of MO Learning needs to be logged in the Team Member Training Portal in [Employee Self-Service](#).

Need help entering training? Watch this [MO Learning video](#) to learn more!

Questions? Email tmhelpdesk@oa.mo.gov