

# MARCH

2023



## COACHING & MENTORING

Empower team members through thoughtful and meaningful relationships to help them reach their goals and find their “why.”

Email [tmhelpdesk@oa.mo.gov](mailto:tmhelpdesk@oa.mo.gov) with questions

### learning opportunities calendar

#### WEEK 1: FEB 27 - MAR 3

  
**Video: Coaching and Mentoring your Employees - 4m**  
  
**Video: Qualities of an Effective Coach - 3m**

**Video: How to be a Good Mentee and Mentor - 27m**

**Article: Why Feedback can be a Gift - 15m**

#### WEEK 2: MARCH 6 - 10

**Article: ENGAGE Training Materials - 15m**

**Video: Building a Coaching Culture: Improving Performance through Timely Feedback - 1hr 8m**

**Article: Giving and Receiving Feedback - 15m**

#### WEEK 3: MARCH 13 - 17

 **Coaching and Mentoring ENGAGE Blog Post**

**Article: Feedback is a Gift and Wise Leaders Give it Generously to their Teams - 15m**

**Video: The Joy of Getting Feedback (TEDx) - 8m**

#### WEEK 4: MARCH 20 - 24

**Video: Coaching Skills for Leaders and Managers - 34m**

**Live Training: Moments that Matter**  
**Crystal Wessing, Director of General Services with the Office of Administration**  
**March 23rd, 10 am - 11 am**

**Article: How to give your Boss Feedback - 15m**

#### WEEK 5: MARCH 27 - 31

**Live Training: Supervisor Coaching - 1hr**  
**March 29, 11 am - 12 pm**

**Video: Language Lab, Module 3**

**Article: Why Everyone should be Down with Upward Feedback - 15m**

Don't forget, any learning outside of MO Learning needs to be logged in the Team Member Training Portal in ESS. Need help logging your time? Watch this [MO Learning video](#) to learn more!

 *supervising leader*

 *all leaders*

 *non-supervising leader*