

SEPTEMBER

learning opportunities calendar



INTRINSIC MOTIVATION

Harnessing the power of internal motivation to drive lasting positive change.

Email tmhelpdesk@oa.mo.gov with questions

WEEK 1: SEPTEMBER 5 - 9

[Video: The Art of Impossible - 25m](#)

[Video: Intrinsic and Extrinsic Motivation - 4m](#)

[Article: Intrinsic Motivation Explained - 15m](#)

WEEK 2: SEPTEMBER 12 - 16



[Article: Why Multitasking Doesn't Work - 15m](#)

[Article: The Power of Intrinsic Motivation - 15m](#)

[Article: What is Intrinsic Motivation? - 15m](#)

WEEK 3: SEPTEMBER 19 - 23

[Video: Leading and Motivating People with Different Personalities - 39m](#)


[Live Training with Julie Littrell
Identifying and Cultivating your Inner Motivation](#)

[Click to Register](#)

September 22nd, 3pm - 4pm

[Podcast: How to Always have Positive Motivation to Achieve all your Dreams - 11m](#)

WEEK 4: SEPTEMBER 26 - 30

 [Intrinsic Motivation ENGAGE Blog Post](#)

[Live Training with Travis Rehagen
"Do I HAVE to?"](#)

[Click to Register](#)

September 29th, 10am - 11am



[Video: Extrinsic vs. Intrinsic Motivation - 6m](#)

Don't forget, any learning outside of MO Learning needs to be logged in the Team Member Training Portal in ESS. Need help logging your time? Watch this [MO Learning video](#) to learn more!

 *supervising leader*

 *all leaders*

 *non-supervising leader*